

Our Mission: North Dakota

Building healthier lives, free of cardiovascular diseases and stroke.



Healthy Kids are why.

Jackson is a youth advocate for healthy school meals. He has become a strong voice for kids in North Dakota. With the help of American Heart Association and volunteers from across the state, Jackson's goal is to ensure his generation has a healthier future.



Saving Lives

Over the past decade, death rates from heart disease and stroke dropped by about 38% and 34%, respectively. The American Heart Association's advocacy, quality and research efforts played a major role in this stunning decrease.



CPR and First Aid

We trained more than 12.4 million potential lifesavers nationwide, including nearly 60,000 North Dakota residents. You can learn the two steps to save a life at handsonlycpr.org.



Groundbreaking Research

Since 1949, the American Heart Association has invested more than \$3.8 billion in research nationwide. We are currently providing more than \$700,000 to fund three research studies in North Dakota.



Healthy Communities

We led the development of regional emergency transport plans for stroke patients, and secured initial state funding in support of cardiac systems of care so that North Dakotans impacted by a stroke or cardiac event receive the right care at the right time and place – no matter where in the state they live. Today, 100% of North Dakotans are covered by a Mission: Lifeline heart attack system of care.



Healthy Living

Through the ANCHOR project, we worked with partners to provide affordable, healthier food and beverage choices in worksites, the state capitol, hospitals and schools. In addition, 530 home-based childcare providers received training and tools to reduce sodium in the foods they serve to the 3,710 children in their care.



Quality Health Care

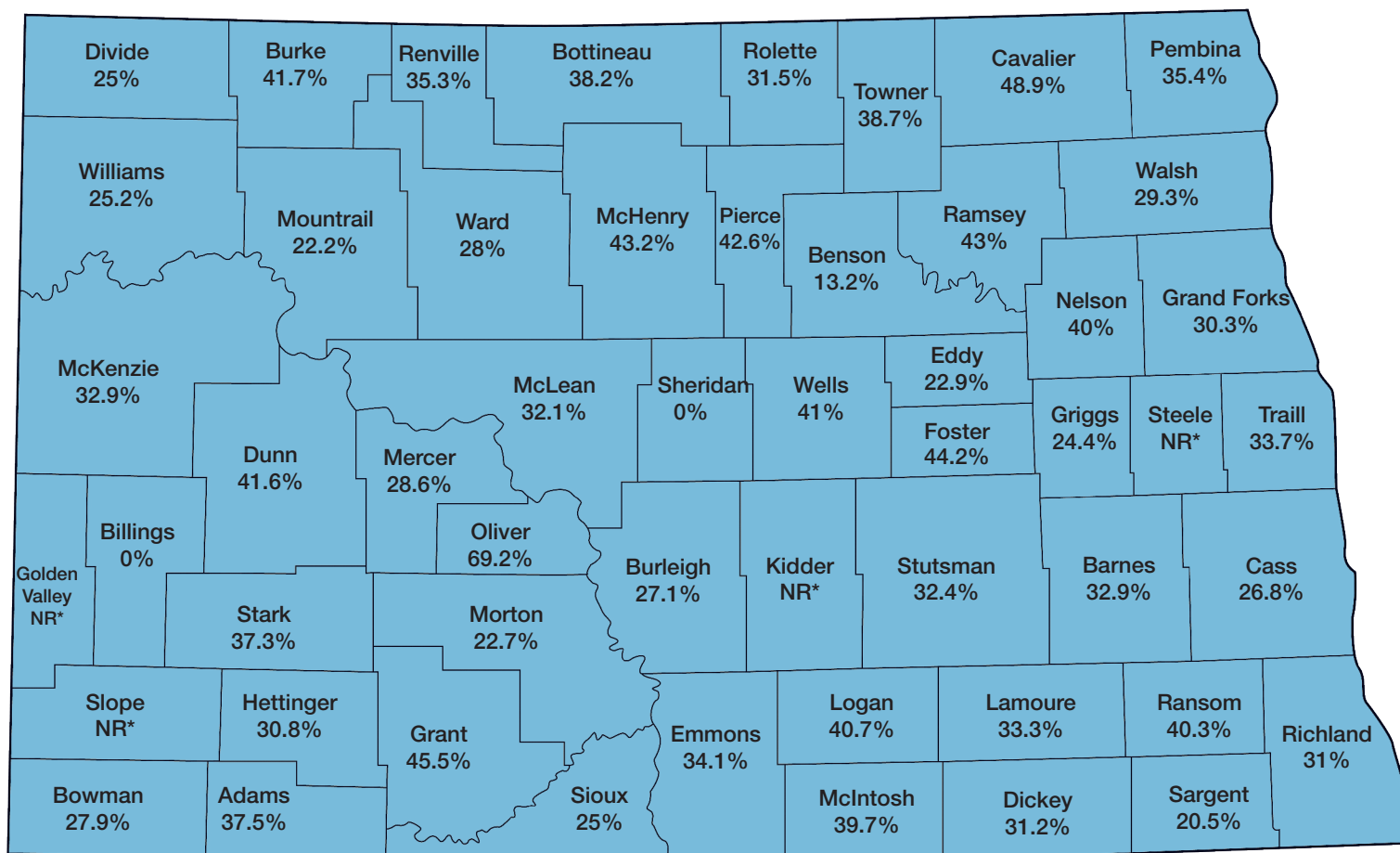
Patient outcomes improve when healthcare providers follow current evidence-based guidelines. More than 3,400 discharged cardiac and stroke patients were covered by our in-hospital Get With The Guidelines quality improvement program.



American
Heart
Association

American
Stroke
Association®

life is why™



Percent of deaths from these diseases in 2013 (latest figures available)

*The Dept. of Health reports events at the county level that occur 5 times or less as "NR."

These "total cardiovascular disease" statistics (ICD/10 codes I00-I99 and Q20-Q28) were provided by the North Dakota Department of Health. The percents show the relative importance of cardiovascular disease and stroke as causes of death. They are not a measure of the risk of dying of these diseases or a basis for comparing counties or measuring progress in lowering death rates.

Leading Causes of Death in North Dakota

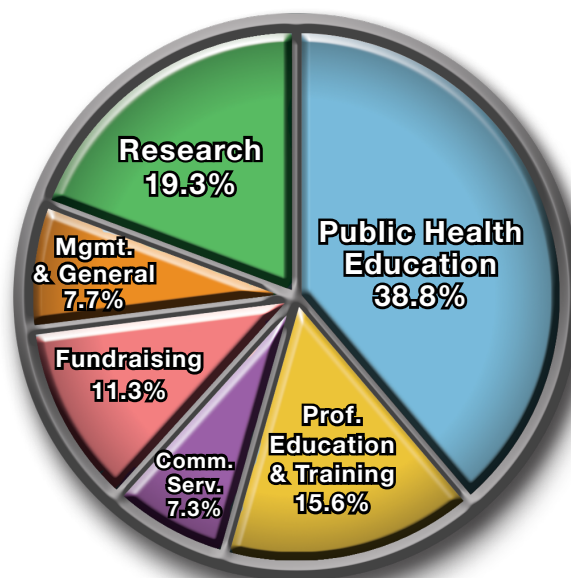
Major Cardiovascular Diseases including stroke	Chronic Lower Respiratory Diseases
1,632 (26.9%)	347 (5.7%)
Cancer	Accidents
1,254 (20.7%)	332 (5.5%)
Alzheimer's Disease	Diabetes
435 (7.2%)	199 (3.3%)

Groundbreaking Research

New research studies funded in the past 5 years (2011-2015) by the American Heart Association

North Dakota State University, Fargo
2 studies - \$360,000
University of North Dakota, Grand Forks
2 studies - \$451,000
Total: 4 studies - \$811,000

How Your Donations Save Lives



Nationwide, fiscal year 2014-2015 (latest figures available)

Regional Office

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heart.org