

SEL-Based “Believe in You”

EDUC 2000, 1 Professional Development Credit

INSTRUCTOR:

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GUEST LECTURERS:

There will be no guest lecturers for this class.

TEXT:

Varsity Brands *Believe in You* Curriculum. Free online: <https://www.varsitybrands.com/believe-in-you>

DESCRIPTION:

This course is an opportunity to learn with ND professionals how to incorporate the Believe in You Social & Emotional Learning curriculum into the classroom.

NATIONAL BOARD FOR PROFESSIONAL TEACHING STANDARDS:

The National Board for Professional Teaching Standards seeks to identify and recognize teachers who effectively enhance student learning and demonstrate the high level of knowledge, skills, abilities and commitments. This course aligns with 1,2,4, & 5 of those standards.

1. *Teachers are committed to students and their learning,*
2. *Teachers know the subjects they teach and how to teach those subjects to students.*
4. *Teacher think systematically about their practice and learn from experience.*
5. *Teachers are members of learning communities.*

OBJECTIVES:

Teachers will understand:

- Networking and learning opportunities through zoom meetings with professionals around ND.
- High Quality Resources available to support best practices in teaching SEL activities.
- SEL activities for grade levels K-12.
- Implementing at least one SEL activity learned from the Believe in You curriculum.

TOPICAL OUTLINE:

- **Nov 8, 8 – 10 p.m.** Intro into Believe in You curriculum. Access to all materials, class expectations.
- **Nov 15, 8 – 10 p.m.** Season 1 Episodes and Lesson Plans
- **Nov 29, 8 – 10 p.m.** Season 2 Episodes and Lesson Plans
- **Dec 6, 8 – 10 p.m.** Season 3 Episodes and Lesson Plans
- **Dec 13, 8 – 10 p.m.** SEL Competencies Index, Implementation, Next Steps

COURSE REQUIREMENTS:

Each participant must:

- Register and access free Believe in You curriculum online.
- **Attend Zoom Meeting Sessions Nov 8, 15, 29, Dec 6, 13 from 8:00 – 10:00 p.m.**
- Evaluate lessons and resources on own time. Come prepared to discuss lesson implementation. (2 hours prep time weekly).
- Create or implement a brief plan of implementation focusing on specific strategies learned from the lessons.
- Breakdown of credit hours: **10 hours** face to face zoom sessions/collaborations. **8 hours** prep through registering and reading materials. **1-2 hours** implementing lessons from curriculum into classroom. Total hours 20.

REQUIRED STUDENT RESOURCES:

Varsity Brands *Believe in You* Curriculum. Free online: <https://www.varsitybrands.com/believe-in-you>

EVALUATION PLAN: Letter Grade

A = 90 – 100% Must attend all sessions; register for the “Believe in You” curriculum; evaluate and share ideas in all sessions; attend all Zoom sessions with camera on the entire time.

B = 80 – 89.9% Missed one (1) session; register for the “Believe in You” curriculum; evaluate and share ideas in all sessions attended; attend all but 1 Zoom session with camera on the entire time.

C = 70 – 79.9% Missed two (2) sessions; register for the “Believe in You” curriculum; evaluate and share ideas in all sessions attended; attend all but 2 Zoom session with camera on the entire time.

D = 60 – 69.9% Missed two (3) sessions, register for the “Believe in You” curriculum; evaluate and share ideas in all sessions attended; attend all but 3 Zoom session with camera on the entire time.

F = 0 – 59.9% Missed four (4) + sessions; did not register for the “Believe in You” curriculum or share ideas in the sessions.

STUDENTS WITH DISABILITIES:

Any students with disabilities or other special needs, who need special accommodations in this course are invited to share these concerns or requests with the instructor as soon as possible.

ACADEMIC HONESTY STATEMENT:

All work in this course must be completed in a manner consistent with NDSU University Senate Policy, Section 335: Code of Academic Responsibility and Conduct.