

# ND SHAPE Update

August 13, 2022

## Welcome Back To School!

As retail stores have been trying to tell us for the past month, it is that time of year again. We at ND SHAPE hope that you were able to use the past several weeks to recharge your batteries, recenter your focus, and refresh your minds.

We have a few opportunities in the works to assist you in your classrooms this school year. We will be continuing our Graduate credit options, with our first being offered in October, the second in January/February, and the third in conjunction with our state conference.

We will also be hosting our ND SHAPE Re-ENGAGE reboot on February 19-20, 2023 at Fargo Davies High School. We will be sending out more info as we get closer, but would like to announce that we will be having Andy Milne as our keynote! [Keep watch on our conference website for more information here.](#)

More resources will be coming out soon, so be sure to watch your emails!



## Board Member Nominations

We are currently looking for members that are interested in making a difference in our HPE field, organization, and state to join our Board of Directors. Nominations will be open until September 10, 2022.

Please consider submitting your name for a position on our board. We are always looking for new faces and ideas to help lead our organization.

[To submit, please go to our form on this page.](#)



## Pickleball Anyone?

The USA Pickleball website offers free resources for organizers and educators to use and implement in any space. The free resources include a Virtual Workshop, easy guides to follow and fun games to play.

[Pickleball Resources for Organizers & Educators](#)

USA Pickleball also offers a Youth Program Provider (YPP) membership for schools, after school programs, Boys & Girls Club, etc. The YPP annual digital membership is \$35 and gives your educators access to the Youth Pickleball Playbook, Activity Cards, the Youth Pickleball Video Series, twenty activity plans, deeply discounted equipment, and more!

[Youth Program Provider | Youth Pickleball | USA Pickleball](#)

Youth and Collegiate Grants (\$350.00) are available through USA Pickleball if you become either a Youth Program Provider or an Official Club Member (College/University). More information on our grant program is attached in the link below.

[USA Pickleball Grant Program](#)

If you have any specific questions or are interested in equipment loans and grants or a site visit from a USA Pickleball Ambassador, please contact Coordinator of Recreational Programs, Hana Papaco at [hpapaco@usapickleball.org](mailto:hpapaco@usapickleball.org).

## Amplify Kindness

This will be the theme for this year's **health.moves.minds.** event. We are excited to share with you this opportunity to either empower your students with SEL lessons in health and PE class, or to use these lesson to raise funding for your HPE programs, your schools, or a charity of your choice.

The final touches are being put on the program at the national level, and as soon as they are done, we will get them out to you!





## About Us

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The North Dakota Association of Health, Physical Education, Recreation and Dance was established in 1928, with Fred Spalding from Valley City as our first President. While the field of education has had many changes in the past 90+ years, and we changed our name our name change in 2015, our mission has stayed the same—**To encourage and provide professional development and support for HPERD professionals.**

We accomplish our mission through professional development, newsletters, and networking among our members.

We are made up of public and private school teachers, collegiate professors, and health professionals that believe in the importance of active living.

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