

ND SHAPE Update

July 25, 2023

Fall Conference is Almost Here!

As we get ready to survive these high temps, take a moment inside to consider presenting at our fall conference in Bismarck! Proposals are closing August 15, so [submit today by clicking on this link](#), and scroll down!



Kate Cox-Keynote Presenter!

We have secured Kate Cox as our main conference presenter!

Kate is a Nationally Board Certified Physical Educator who is passionate about physical literacy and high-quality professional development. Kate is the 2017 CAHPERD Middle School Teacher of the Year (TOY) & the 2018 SHAPE America Southwest District Middle School TOY. Along with being an OPEN National Trainer, Kate is an Instructional Coach for the Health and Physical Education Collaborative (H-PEC) and has worked with the California Subject Matter Projects for Health and Physical Education. Kate's been teaching 4th-8th grade Physical Education at Corte Madera School in Portola Valley for 21 years, & has presented at many state, national, and international conferences.



Jay Reading-PreConference and Highlighted Disc Golf Presenter

Jay Reading is a five-time World Putting Champion and a three-time Pro World Mixed Doubles Champion. With over 100 professional wins, Jay added to this list at last year's Dynamic Disc Open in the Pro Masters 50+ division. In 2002 he established a non-profit called The Edge (Educational Disc Golf Experience) program, which provides schools and youth programs with curriculum and equipment to get disc golf in schools.



Jay will be presenting a 3 hour Pre-Conference session on Disc Golf, all attendees will leave with an EDGE disc and mini disc. He will also be exhibiting and have a session during our conference.

Conference Hotel

Hampton Inn and Suites

2020 Schafer Street

Bismarck (Right by the Community Bowl or BSC campus)

\$88.20 for Sunday Night September 24th.

Room block under ND SHAPE.

Block releases on September 3rd, so book early!



Conference Schedule at a Glance

Sunday, September 24, 2023

6:00-8:00pm Social-Location TBA

Monday, September 25, 2023

Simle Middle School

7:00-8:00 am Registration/Early Risers Session I Gyms

8:00-8:50 am Breakout Session II Gyms/Classrooms

9:00-9:50 am Coffee Talks Commons

9:50-10:10 am Exhibits Commons

10:15-11:00 am Breakout Session III Gyms/Classrooms

11:10-12:00 pm Breakout Session IV Gyms/Classrooms

12:00 -1:00 pm Lunch & Awards Ceremony Lunch Provided

1:10- 2:00 pm Breakout Session V Gyms/Classrooms

2:10- 3:00 pm Breakout Session VI Gyms/Classrooms

3:00- 3:30 pm Closing/Door Prizes Registration Area



First Year Teacher Nomination Form

Do you know a teacher that has been hired to start teaching this fall?

They can benefit from a free membership to ND SHAPE! Just fill out the

nomination form below to give them the gift of networking, latest

professional information, access to professional development, and most importantly, a \$1 million liability insurance policy for their educational activities.



[Click here to access the nomination form.](#)

ND SHAPE Board of Directors Nominations Open

Are you interested in becoming more involved with your profession?

Would you like an opportunity to network with other HPE instructors,

attend our conference for no cost, work with others to determine the

direction of ND SHAPE?



The nominating committee requests your help in identifying and recommending potential candidates (including yourself) for a position on the ND SHAPE Board of Directors. All persons recommended must indicate to the individual nominating them willingness to be a candidate.

[If you are interested, or know someone that is, please fill out the nomination form here.](#)

Consider a health. moves. minds.® Fundraiser for your school

Positively impact your school with a health. moves. minds.® Fundraiser this school year. You'll earn up to 50% back to your school and teach students positive habits that last a lifetime. #healthmovesminds






About Us

 Facebook  @ndshape


The North Dakota Association of Health, Physical Education, Recreation and Dance was established in 1928, with Fred Spalding from Valley City as our first President. While the field of education has had many changes in the past 90+ years, and we changed our name our name change in 2015, our mission has stayed the same—**To encourage and provide professional development and support for HPERD professionals.**

We accomplish our mission through professional development, newsletters, and networking among our members.

We are made up of public and private school teachers, collegiate professors, and health professionals that believe in the importance of active living.

 Bismarck, ND, USA

 ndshape@gmail.com

 ndshape.org/

KINDNESS