



# Together We Thrive!

North Dakota Society Of Health And Physical Educators

Fall Conference: September 24-25th 2023

Simle Middle School: 1218 Simle Drive, Bismarck, ND 5850

September 24th 1:00-4:00PM	<b>Jay Reading Preconference EDGE Disc Golf Clinic</b> Location: Hillside Disc Golf Course      Participants Eligible for \$2000 Disc Golf Grants September 24th, 1:00-4:00 pm      \$25 Preconference Fee				
September 24th 6:00-8:00PM	Preconference Social - The CraftCade 405 N 4th St, Bismarck, ND 58501      September 24th, 6:00-8:00 pm				
	Physical Education			Health Ed ~ SEL ~ EDI ~ Adapted	

Time:	West Gym	East Gym	Middle Gym	Library	Classroom 101
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7:00-7:50	Leah Wheeling Let's Go Outride Biking!!!	Welcome to the conference! Registration will begin at 6:45am. The 7am session is offered for all our early risers. We have found it is a fun way to engage and start learning right as you walk in the door!			
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8:00-8:50	Kate Cox Ex-SEL-lant Adventures in Phys Ed				
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9:00-9:50	Coffee Talks: West GYM			Networking Google Survey:	
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9:50-10:10	Visit the Exhibitors				
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10:15-11:00	Owen Carlson Gopher Warm-Up & Ice Breaker Activities 101	Amy Heuer Outdoors Tomorrow Foundation	Bill Nelson Weightroom Activities	Anne Houser Hannah Woll Harnessing the Power of Nutrition	Mike Wagner Living a Life Beyond Limits: creating opportunities for individuals with special considerations
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11:10-12:00	Kate Cox Tag-tastic: Playful Activities to Teach Knowledge, Cooperation and Fun!	Dr. Joe Deutsch Leah Wheeling Health.Moves.Minds.	Heather Burd SEL Based Cops vs Kids School-wide Program Classroom 220	Riley Riehl Systems Mental Health For Activities	Anna Roaldson All In This Together: Unified PE
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12:00-1:00	Lunch				
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1:10-2:00	Jay Reading EDGE Disc Golf for a Lifetime	Heather Burd Different Ways from a Different Teacher	Alaina Reller Lois M. Mauch Getting In The Zone with IHT Heart Monitors	Anne Houser Level up with the power of student creativity with technology	Thomas Orr Teaching Greatness though Virtue in Sport and PE Programs
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2:10-3:00	Tyler Hetland Building Confidence Through Movement	Minot Public Schools Elementary Physical Educators Elementary Activities	XXXXXXX	Kristen Hahne Eddie Streeter Health Education Resources - Share the Wealth	Chris Mahoney Meaningful Physical Education
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