

# ND SHAPE Update

March 4, 2024

## Conference Timeline Questions for Attendees

The annual **ND SHAPE Fall Conference** will be held in **Bismarck** on **September 22-23, 2024** at **Simle Middle School**. Proposals for sessions will be opening soon, so start thinking about what you want to share with teachers around the state! Until then, our Conference Committee would like your feedback on which timeline would work best for the majority of teachers in our state. [Please take a moment to answer a few questions to help us plan the best timeline for our conference schedule here!](#)



## SHAPE America National Convention March 12-16

Thinking about attending this year's national conference? Here is the Schedule at a Glance to help you plan! [Click this link to get the preliminary program to see some of the great sessions that will be available!](#) We hope to see you there!

**2024-Schedule-at-a-Glance.pdf**

[Download](#)

202.7 KB

## Consider a health. moves. minds.® Fundraiser for your school

Positively impact your school with a health. moves. minds.® Fundraiser this school year. You'll earn up to 50% back to your school and teach students positive habits that last a lifetime.

#healthmovesminds

**Teach your students to let kindness serve as their moral compass**  
... and receive up to 50% back to your school!

The health, moves, minds® FUNdraiser was designed to teach students critical life skills—kindness, respect, philanthropy, advocacy—and to demonstrate the importance of daily physical activity and giving back to the community.

- Share donations raised with a 501(c)(3) charity of your choice (your school's PTO is a traditional non-charity option).
- Access powerful **FUNdraising Tools**.
- Earn **Gopher gift cards** towards new PE equipment.
- Receive a **special banner for your school** to display your tradition of helping others and community.
- Secure a **FREE** one-year **SHAPE America Select Professional Membership** when you raise \$2,000 or more.
- Use the **SEL-focused health, moves, minds, lessons and activities** to benefit your students... and the entire school!
- Incorporate **new mind-lessons** focused around the Let Kindness Guide You theme, combining academic rigging and team-building activities.
- Experience the excitement as your **Fundraising Champions** (students) achieve physical activity-themed **FUNdraising Rewards**.

Learn more at [healthmovesminds.org](http://healthmovesminds.org).

**FUNdraising Rewards**

- \$25 Rubber Soccer Ball
- \$50 Limited Edition T-shirt
- \$100 Limited Edition Fly/Bleed Pouch/Bag
- \$200 Rubber Soccer Ball

**health.moves.minds.**  
#healthmovesminds



**Looking to Pay It Forward?**  
With the health, moves, minds® FUNdraiser, earn 25% back to your school and share 25% with a 501(c)(3) charity of your choice!

[LEARN MORE](#)

**health.moves.minds.**  
#healthmovesminds



**Need funding for your HPE program?**  
Earn up to 50% back to your school with the health, moves, minds® FUNdraiser.

[LEARN MORE](#)



## First Year Teacher Nomination Form

Do you know a teacher that has been hired to start teaching this fall? They can benefit from a free membership to ND SHAPE! Just fill out the nomination form below to give them the gift of networking, latest professional information, access to professional development, and most importantly, a \$1 million liability insurance policy for their educational activities.

[Click here to access the nomination form.](#)



## About Us

The North Dakota Association of Health, Physical Education, Recreation and Dance was established in 1928, with Fred Spalding from Valley City as our first President. While the field of education has had many changes in the past 90+ years, and we changed our name our name change in 2015, our mission has stayed the same—

To encourage and provide professional development and support for HPERD professionals.

We accomplish our mission through professional development, newsletters, and networking among our members.

We are made up of public and private school teachers, collegiate professors, and health professionals that believe in the importance of active living.

Email: [ndshape@gmail.com](mailto:ndshape@gmail.com)

Website: <http://www.ndshape.org/>

Location: [Bismarck, ND, USA](#)

Facebook: [Facebook.com/NDHealthAndPE](https://www.facebook.com/NDHealthAndPE)

Twitter: [@ndshape](https://twitter.com/ndshape)



**ND SHAPE**

ND is using Smore to create beautiful newsletters

