

# ND SHAPE Update

March 28, 2024

## Teacher of the Year Nominations Closing Soon!



If you are, or know of, an outstanding teacher in adapted physical education, school health education, dance education and physical education at the elementary, middle and high school levels, [you can fill out a nomination form here!](#) We have many teachers in our state that deserve this recognition (after using the link, scroll to the bottom of the page).

If you would like to nominate someone for Administrator, Athletic Director, or College/University Health or PE Teacher of the Year, [please use this link.](#)

**Nominations will close on April 15, 2024.**

## Credit Opportunity Available!



NDSU and ND SHAPE will be hosting a Book Study credit opportunity, with 2 online meetings. For more information and to register for this course, [visit the NDSU Course Description.](#)



## Board Takeaways from the SHAPE America National Convention

Now that we have had some time to process what we learned in Cleveland, ND SHAPE Board members that were able to attend would like to share some of their highlights.

- Release of NEW Physical Education Standards. [To access the PE Standards Toolkit, use this link.](#)
- Release of NEW Health Education Standards. [To access the Health Standards Toolkit, use this link.](#)
- The election of our own [Dr. Joe Deutsch to the position of SHAPE America President Elect!](#) Dr. Deutsch is the second national President from our state. The first was Dr. Brad Strand, and both are currently educating our future professionals at NDSU.
- Unveiling of 2024-25 health.moves.minds theme. We can't show you yet, but you can see this year's theme and [sign up to host an event here!](#)

- Several leads on presenters and exhibitors for our conference that we have not had in North Dakota!
- Many new activities to incorporate into PE classes.

Throughout the week, two of the biggest messages that impacted our President Tyler Hetland are:

- Be intentional with your teaching, we assume students know what to do, Be A Teacher
- Continue advocating for what is important for you and your students.



## ND SHAPE Conference "A Drop in the Bucket"

The annual **ND SHAPE Fall Conference** will be held in **Bismarck** on **September 22-23, 2024** at **Simle Middle School**, save the date!



## Consider a **health. moves. minds.®** Fundraiser for your school

Positively impact your school with a **health. moves. minds.®** Fundraiser this school year. You'll earn up to 50% back to your school and teach students positive habits that last a lifetime.

#healthmovesminds

**Teach your students to let kindness serve as their moral compass**  
... and receive up to 50% back to your school!

The health, moves, minds® FUNdraiser was designed to teach students critical life skills—kindness, respect, philanthropy, advocacy—and to demonstrate the importance of daily physical activity and giving back to the community.

**FUNdraising Rewards**

- \$25** Rubber Soccer Ball
- \$50** Limited Edition T-shirt
- \$100** Limited Edition Fly/Banner Frame Sign
- \$200** Rubber Soccer Ball

- Share donations raised with a 501(c)(3) charity of your choice
- Access powerful FUNdraising Tools
- Earn Gopher gift cards towards new PE equipment
- Receive a special banner for your school to display your tradition of helping others and community
- Secure a FREE one-year SHAPE America Select Professional Membership when you raise \$2,000 or more
- Use the SEL-focused health, moves, minds, lessons and activities to benefit your students... and the entire school!
- Incorporate new mind-lessons focused around the Let Kindness Guide You theme, combining academic rigging and team-building activities.
- Experience the excitement as your Fundraising Champions (students) achieve physical activity-themed FUNdraising Rewards

Learn more at [healthmovesminds.org](http://healthmovesminds.org)

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#healthmovesminds



**Looking to Pay It Forward?**  
With the health, moves, minds® FUNdraiser, earn 25% back to your school and share 25% with a 501(c)(3) charity of your choice!

[LEARN MORE](#)

**health.moves.minds.**  
#healthmovesminds



**Need funding for your HPE program?**  
Earn up to 50% back to your school with the health, moves, minds® FUNdraiser.

[LEARN MORE](#)



## First Year Teacher Nomination Form

Do you know a teacher that has been hired to start teaching this fall? They can benefit from a free membership to ND SHAPE! Just fill out the nomination form below to give them the gift of networking, latest professional information, access to professional development, and most importantly, a \$1 million liability insurance policy for their educational activities.

[Click here to access the nomination form.](#)



## About Us

The North Dakota Association of Health, Physical Education, Recreation and Dance was established in 1928, with Fred Spalding from Valley City as our first President. While the field of education has had many changes in the past 90+ years, and we changed our name our name change in 2015, our mission has stayed the same—

To encourage and provide professional development and support for HPERD professionals.

We accomplish our mission through professional development, newsletters, and networking among our members.

We are made up of public and private school teachers, collegiate professors, and health professionals that believe in the importance of active living.

Email: [ndshape@gmail.com](mailto:ndshape@gmail.com)

Website: <http://www.ndshape.org/>

Location: [Bismarck, ND, USA](#)

Facebook: [Facebook.com/NDHealthAndPE](https://www.facebook.com/NDHealthAndPE)

Twitter: [@ndshape](https://twitter.com/ndshape)



**ND SHAPE**

ND is using Smore to create beautiful newsletters

